The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - *Sacred Heart Church and Maria Regina Church*



Thoughts of Blessed Francis Jordan

Love and serve God with all your might. He is Most High and All Holy. In Him alone you will find true peace.

Prayer to Christ the King

Lord our God,
You alone are the Most Holy King
and Ruler of all nations.
We pray to You, Lord,
in the great expectation of
receiving from You,
O Divine King,
mercy, peace, justice and
all good things.

Protect, O Lord,
our families and those
who are dear to us.

Guard us, as we pray,
Most Faithful One.
Have mercy on us Lord,
and forgive us.
We trust in Your Great Mercy.

May Your reign, Your kingdom be
recognised on earth.
Amen.



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POPE LEO'S PRAYER INTENTION FOR November

For the Proper Use of Wealth

Let us pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service the common good and solidarity of those who have less.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

TUESDAY - 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

WEDNESDAY - 9.30 am

THURSDAY - 7.00 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

FRIDAY - 9.30 AM
FIRST FRIDAY of the Month,
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

WEEKEND MASSES

SATURDAY VIGIL - 5.00 pm
SUNDAY
8.00 am, 10.00 am & 6.00 pm (Soul Mass)

RECONCILIATION
SATURDAY VIGIL
4.00 pm to 4.30 pm

BAPTISM
4TH SUNDAY of the Month
at 11.30 am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

MONDAY - 8.00 am

WEDNESDAY - 8.00 am

THURSDAY - 10.00 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction at 9.00 am

FRIDAY - 8.00 am
FIRST FRIDAY of the Month,
Healing Mass/ Anointing of the Sick at 8.00 am

RECONCILIATION
Before Vigil Mass on Saturday

WEEKEND MASSES

SATURDAY VIGIL - 6.00 pm
SUNDAY - 9.00 am

BAPTISM
3RD SUNDAY of the Month
at 11.00 am

WE PRAY for

RECENTLY DECEASED

IVAN PASALICH

Eternal rest, grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

Prayer for the SICK

Lord, look with mercy on your servants who are sick. Bring them comfort, healing and strength

ANNA ŚMIGOWSKA
LILY JANOSIK
MAUREEN LARIOS
ELAINE BOYES
RON CLARKE
BARBARA CLARKE
ANNA KATANEC
OTMA NOUAK
ANGELA MILEER
PHILIP KHALIFEH
JOSEPH KHALIFEH
GEORGE AZOURY
BRUCE FARR
JAMES
JACINTA PURNELL-MAJOR
NENITA ROQUE
MARIE CELINE- MACA
NEDA CRVELIN
JESSE CATHERSIDES
MARY RILEY
THERESA KEANE
MARTA BIZUBOVA
LIAM GAVIN
RICHARD LIM
JAMIE CONNOLLY
AMADEA LUONG
ALFRIED FIELD
GARY O'BRIEN
DAVID WEST
ANGELA CIRILLO

BOOK REVIEW

An Experience Named Spirit



John (Jack) Shea is a theologian and storyteller who lectures nationally and internationally on storytelling in world religion, faith-based health care, contemporary spirituality and the spirit at work movement.

PARISH LIBRARY

Interested in borrowing the books or DVDs that we review weekly?
You are warmly invited to borrow from our **Parish Library, located at Maria Regina Church, Avalon 7 Central Road**



If you are unable to visit the Library in person, please feel free to contact **Trish Newman on 0401 613 643** who will be happy to assist you.

LITURGY FOR THE WEEK

23/11 Monday, Ordianry Time 34
Rev 14:1-5; Lk 21:1-4

24/11 Tuesday, Sts Andrew Dung-Lac & Companions
Rev 14:14-19; Lk 21:5-11

25/11 Wednesday, Ordinary Time 34
Rev 15:1-4; Lk 21:12-19

26/11 Thursday, Ordinary Time 34
Rev 18:1-2, 21-23, 19:1-3, 9; Lk 21:20-28

27/11 Friday, Ordinary Time 34
Rev 20:1-4, 11 - 21:2; Lk 21:29-33

28/11 Saturday, Ordinary Time 34
Rev 22 :1-7; Lk 21:34-36

Safeguarding

Catholic Parish of Pittwater

The Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering safe, caring communities for all, especially children and vulnerable people, guided by our faith in Jesus Christ.
Everyone is encouraged to provide feedback on the DBB webpage.

Diocese of Broken Bay Safeguarding
www.bbcatholic.org.au/safeguarding

Safeguarding is everyone's responsibility.

THE CATHOLIC PARISH OF PITTWATER

Giving

Our parish fluorishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

To Make Donations

SCAN the QR CODE below with your mobile phone camera and follow the prompts

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Areas of Giving

First Collection
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Second Collection
(Parish Giving)
Pastoral Works Broken Bay
All PWBB donations over $2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

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If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit
You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

MATER MARIA CATHOLIC COLLEGE

WALK IN NEW LIFE

Term 4, Week 6

This week, Mater Maria welcomed Year 3 students from the Catholic Schools of the Peninsula Learning Community for a taste of secondary school life. Guided by our Year 10 SRC students, they enjoyed activities across cooking, art, drama, science, languages and sport. We thank the primary school teachers who accompanied them and look forward to welcoming many of these students back in the future.

Year 10 students participated in a range of Faith in Action experiences through visits to Cana Communities, Jesuit Refugee Service, St Edmund's College, St Anthony's in the Field and Fisher Road School. They also engaged with Catholic Mission and took part in the Street Retreat, developing a deeper understanding of Catholic Social Teaching, social justice and service to others. Students also joined peers from Catholic schools across Broken Bay to reflect on faith and life beyond school.

As part of their Activities Program, Year 10 students explored workplace skills through the "Making Money Work" pathways session, while Advanced Mathematics students investigated the design and geometry of the Sydney Opera House. Students preparing for 2027 Construction and Entertainment courses successfully completed their NSW WHS White Card training.

Year 11 students represented the College in a diocesan lawn bowls tournament, while Years 7-10 students demonstrated leadership by refereeing at the Broken Bay Primary Schools Gala Day. Students also participated in AFL and touch football activities, with MWBA Basketball continuing after school.

Mass for Holy Souls and the Sick was celebrated in the College Chapel, and our student-led Faith Fridays continue to provide opportunities for prayer, reflection and community. We also celebrated our final Jarjum gathering for the year, bringing together students and families in community, culture and connection.

Every Friday, our prefects host Faith Fridays, a vibrant youth group in our Chapel and Courtyard, combining faith, music and fellowship, and is open to all students.

Enrolment applications are now open for Year 7 2030. Families are advised that Year 7 2027 and 2028 are at capacity, with waitlists currently in place. Round 2 interviews for Year 7 2029 are underway. Further information can be found at www.matermaria.nsw.edu.au/enrolments.

LITURGICAL YEAR

YEAR A
2026 LITURGICAL CALENDAR
ENDS NEXT SATURDAY
28TH NOVEMBER

YEAR B
WILL COMMENCE
ON THE 1ST SUNDAY OF
ADVENT
29TH NOVEMBER

Prepare Your Hearts for Advent

As we look ahead to the beautiful season of Advent, we invite all parishioners to take home a

FREE copy of the

2026 Year B Advent Booklet



These booklets offer reflections and prayers to help you to deepen your faith, find moments of peace and prepare your hearts for the coming of Christ.

May this Advent be a time of prayer, hope and joyful preparation for the birth of our Lord.



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1 Keenan Street, Mona Vale

MARIA REGINA CHURCH
7 Central Road, Avalon

SCHOOLS

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Principal: **Ms Louise O'Brien**

MARIA REGINA SCHOOL, Avalon
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MATER MARIA CATHOLIC COLLEGE, Warriewood
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For more information contact
Fr Richard Sadowski SDS pp@pittwaterparish.org or
Parish Office 02 9157 0999 office@pittwaterparish.org

Pilgrimage to POLAND

10 September to 26 September 2027



Parishioners who are interested to join this pilgrimage are kindly asked to contact the Parish Office by **Friday, 18 December.**

MASS SCHEDULE CHANGES

MARIA REGINA CHURCH, AVALON

Monday, 23 November
8am Mass

Wednesday, 25 November
(Liturgy of the Word with Communion)

Thursday, 26 November
10am Mass

Friday, 27 November
(Liturgy of the Word with Communion)

SACRED HEART CHURCH, MONA VALE

Tuesday, 24 November
9:30am Mass

Wednesday, 25 November
9:30am Mass

Thursday, 26 November
at 7pm
(Liturgy of the Word with Communion)

Friday, 27 November
9:30am Mass

men ALIVE

WE MEET
First & Third Tuesday of every Month at 7 pm

SACRED HEART PARISH CENTRE

A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN ARE WELCOME

JOIN US – MEN'S FAITH GATHERING

We warmly invite all men of our parish & community to come together at 7:00 pm for an informal & faith-filled evening of conversation, reflection & brotherhood.

For any questions, contact
Joe Cilia 0418 863 814





If you are interested to join us please write your **Name** in the **Sign Up** sheet provided at the back pews of the Church.

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timor-leste

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Celebrating friendship and partnership between Avalon Beach and Soibada, Timor-Leste

Save the Date

SATURDAY,
19TH DECEMBER

CATHOLIC PARISH OF PITTWATER

Christmas Carols & Dinner

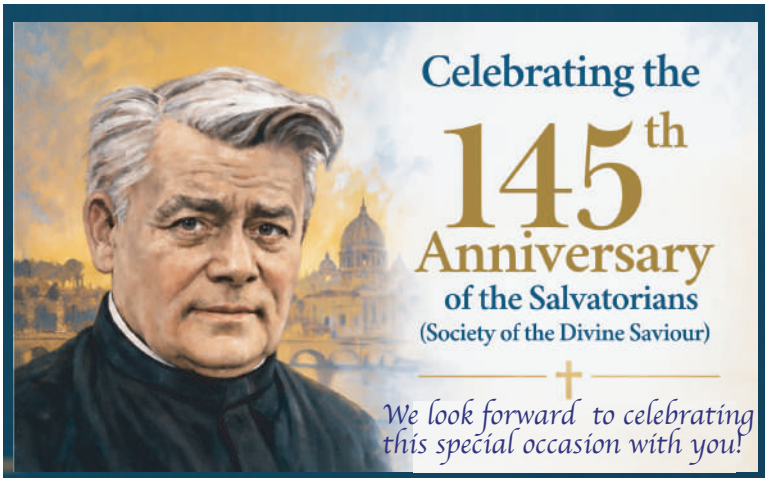
AFTER THE
5PM VIGIL MASS
SACRED HEART CHURCH
PARISH CENTRE

Christ Jesus



King Of Kings

Lord Of Lords



Celebrating the 145th Anniversary of the Salvatorians

(Society of the Divine Saviour)

We look forward to celebrating this special occasion with you!

MEETING POINT: Sacred Heart Church Courtyard

Tuesday, 8 December at 6 pm

St Luke the Evangelist Catholic Church,
1 Beaconsfield Street, Revesby.

For those interested in attending the celebration, a BUS will be provided to transport you to Revesby.

BUS will depart promptly at 4 pm
Kindly arrive by 3:45 pm to ensure everyone is ready for departure.

Please put your Name on the SIGN UP sheet at the back pews of the Church.

The *Living* Word

Entrance Antiphon Revelation 5:12; 1:6
How worthy is the Lamb who was slain, to receive power and divinity, and wisdom and strength and honour. To him belong glory and power for ever and ever.

First Reading
Ezekiel 34:11-12. 15-17
A reading from the prophet Ezekiel
You, my flock, I judge between sheep and sheep.

The Lord says this: I am going to look after my flock myself and keep all of it in view. As a shepherd keeps all his flock in view when he stands up in the middle of his scattered sheep, so shall I keep my sheep in view. I shall rescue them from wherever they have been scattered during the mist and darkness. I myself will pasture my sheep, I myself will show them where to rest – it is the Lord who speaks. I shall look for the lost one, bring back the stray, bandage the wounded and make the weak strong. I shall watch over the fat and healthy. I shall be a true shepherd to them.
As for you, my sheep, the Lord says this: I will judge between sheep and sheep, between rams and he-goats.

The word of the Lord

Responsorial Psalm
Ps 22:1-3, 5-6, R. see v.1
(R.) The Lord is my shepherd; there is nothing I shall want.

The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose. **(R.)**

Near restful waters he leads me, to revive my drooping spirit. He guides me along the right path; he is true to his name. **(R.)**

You have prepared a banquet for me in the sight of my foes. My head you have anointed with oil; my cup is overflowing. **(R.)**

Surely goodness and kindness shall follow me all the days of my life. In the Lord's own house shall I dwell for ever and ever. **(R.)**

Second Reading
1 Corinthians 15:20-26. 28
A reading from the first letter of St Paul to the Corinthians
He will hand over the kingdom to God the Father, so that God may be all in all.

Christ has been raised from the dead, the first-fruits of all who have fallen asleep. Death came through one man and in the same way the resurrection of the dead has come through one man. Just as all men die in Adam, so all men will be brought to life in Christ; but all of them in their proper order: Christ as the first-fruits and then, after the coming of Christ, those who belong to him. After that will come the end, when he hands over the kingdom to God the Father, having done away with every sovereignty, authority and power. For he must be king until he has put all his enemies under his feet and the last of the enemies to be destroyed is death. And when everything is subjected to him, then the Son himself will be subject in his turn to the One who subjected all things to him, so that God may be all in all.

The word of the Lord.

Gospel Acclamation Mark 11:9-10
Alleluia, alleluia!
Blessings on him who comes in the name of the Lord! Blessings on the coming kingdom of our father David!
Alleluia!

Gospel Matthew 25:31-46
A reading from the holy Gospel according to Matthew
He will take his seat on his throne of glory, and he will separate men one from another.

Jesus said to his disciples: 'When the Son of Man comes in his glory, escorted by all the angels, then he will take his seat on his throne of glory. All the nations will be assembled before him and he will separate men one from another as the shepherd separates sheep from goats. He will place the sheep on his right hand and the goats on his left. Then the King will say to those on his right hand, "Come, you whom my Father has blessed, take for your heritage the kingdom prepared for you since the foundation of the world. For I was hungry and you gave me food; I was thirsty and you gave me drink; I was a stranger and you made me welcome; naked and you clothed me, sick and you visited me, in prison and you came to see me." Then the virtuous will say to him in reply, "Lord, when did we see you hungry and feed you; or thirsty and give you drink? When did we see you a stranger and make you welcome; naked and clothe you; sick or in prison and go to see you?" And the King will answer, "I tell you solemnly, in so far as you did this to one of the least of these brothers of mine, you did it to me." Next he will say to those on his left hand, "Go away from me, with your curse upon you, to the eternal fire prepared for the devil and his angels. For I was hungry and you never gave me food; I was thirsty and you never gave me anything to drink; I was a stranger and you never made me welcome, naked and you never clothed me, sick and in prison and you never visited me." Then it will be their turn to ask, "Lord, when did we see you hungry or thirsty, a stranger or naked, sick or in prison, and did not come to your help?" Then he will answer, "I tell you solemnly, in so far as you neglected to do this to one of the least of these, you neglected to do it to me." And they will go away to eternal punishment, and the virtuous to eternal life.'

The Gospel of the Lord.

Communion Antiphon
Psalm 28:10-11
The Lord sits as King for ever.
The Lord will bless his people with peace.

REFLECTION
by Dianne Bergant

We have now come to the end of the liturgical year, the point that marks the transition from one period to another. Today we see that the kingdom of God is inclusive. Its embrace is as comprehensive as is the embrace of God. Criteria for membership are not based on obedience to the commandments or on conformity to ritual obligation, but on the bonds of love and concern.
What we do for others, we do for Christ, because Christ is identified with those in need. We very seldom see the face of the glorified Christ in the faces of the needy; it is more often the face of the disfigured Christ that is turned to us. We see his fear and his shame, his brokenness and sense of loss. As difficult as it may be to look into such eyes, it is precisely the needy with whom Christ is identified. Having entered into the frailty of human nature, identified himself with the needy, and handed himself over to death, in the end Christ will have conquered all. It is a curious kingdom that he has won, a kingdom of the weak rather than the strong. He has turned the standards of the world upside down. He has shown that it does not take strength to ignore or to exploit the needy, but it does take strength to overcome our own selfishness in order to serve them. The kingdom that Christ hands over to God is a kingdom of love and care.

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Therefore you also be ready, for the Son of Man is coming at an hour you do not expect.
Matthew 24:44

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- SHARE FRIENDSHIP
- BUILD COMMUNITY
- GROW IN FAITH

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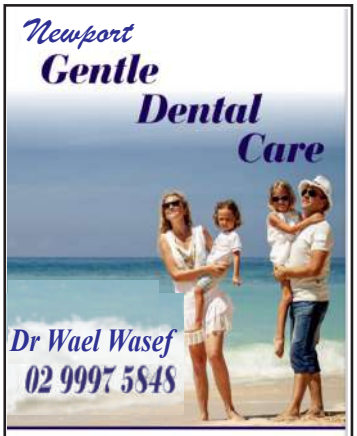

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